



- **Guidance Counsellors:** Student Services Staff are academic counsellors who provide guidance and support to students to assist them with their academic progress. Guidance Counsellors can help students choose courses and plan their educational pathway. Guidance staff can provide support for students who might need assistance with managing challenges affecting their school life by connecting them to help through Student Success, Learning Support, or other professionals and community partners.

Hello Glebe Collegiate Families:

We know it has been an unusual, and for some difficult, start to the school year. For those of you who may not be familiar with some of the resources available to students and families, we thought we would share a short list to assist you should you or your student need extra support.

- Glebe Council

- All students are assigned a Guidance Counsellor according to their family name. Counsellors are available for questions through the [Virtual Resource Centre](#) (VRC), by email, or by making an appointment using the appointment booking function on our [Glebe Student Services](#) Website. Students and their families are encouraged to consult this site for information about our services and contact information.
- **Learning Support Staff:** can offer support and assistance for students struggling to keep up in general. Learning Support Teachers also assist

with the creation of Individualized Education Plans (IEPs) for those students who have been assessed and who require additional learning supports. For more information visit the GCI learning support [website](#).

- **Virtual Resource Centre (VRC):** is available every day for three blocks of time to help students with assignments and staying on top of their work. The students connect through the online portal and are paired up with a teacher in the subject area that they need assistance with. The VRC is also designed as a motivational space with help in planning and organizing school work. Guidance counsellor hours in the VRC are Mon: 11:25 to 12:40, Tues: 9:15 to 10:10, Weds: 1:45 to 3:00, Thurs: 9:15 to 10:10
- **School Clubs:** In a typical year, Glebe has a large

number of clubs which allow students to explore a range of interests and opportunities. COVID restrictions have meant clubs are going virtual, and not all are available this year. Some, however, are going forward and looking for members, so consider having your student join one of them as a way to get to know fellow students and to get involved in school activities! Check out the [Announcements Page](#) on the GGI website for more information.

- *School sports:* COVID has meant fewer athletic opportunities, but those teams that can are setting up virtual training sessions. Encourage your student to stay up to date by following the [Announcements](#) and Athletic Councils Instagram.
- *Student Council:* Glebe Student Council are developing a range of opportunities for students to participate in student

government and events. Information about the Student Council can be found on the [SC Website](#).

- *LINK Crew:* The student led LINK crew is a point of contact for new students to learn the ins and outs of the school community and connect with a veteran student as well as a group of grade 9 students. This year LINK events are being hosted by LINK leaders virtually once a month through the grade 9 classes..
- *School Council:* A volunteer group of parents, students, teachers and community members whose main role is to provide a means of direct communication between the parents, the local community and the school. The school council also provides parents with wider insight into major policy issues in education. Please join us at our monthly meetings, which generally occur every third Monday of the month at 7pm. The next meeting is scheduled for

December 14th. Registration for this meeting will be sent out in the weekly updates. For more information, visit the [School Council](#) page on the GCI website.

- *Student groups:* GCI is a diverse community and a range of student groups are open to interested students, including the Black Students Association, the Indigenous Advocacy Council, the Gender and Sexuality Alliance, World Action Club and many more. Check out the [Announcement](#) pages for more information.
- [The Library \(RINC\)](#) offers drop in sessions for students every Tuesday and Wednesday from 1:45-3:00pm to get help with homework, essay writing, proofreading, book suggestions and more. Check out the website for information, upcoming workshops and events as they are posted regularly.

- *Family and Mental Health Supports in our Community:*
A number of community supports are available, providing youth-friendly presentations and activities related to mental health promotion:

- **OCDSB Indigenous Support**
 - [Weekly Virtual Sharing Circles for Indigenous High School Students](#)
 - [Original Voices Youth Council](#)
 - [Kids Help Phone](#)
 - [Youth Services Bureau](#)
 - [Black Youth Helpline](#)
 - [Parents' Lifeline of Eastern Ontario](#)
 - [Family Services Ottawa](#)
 - [Rideauwood Addiction and Family Services](#)
 - [Youth Net](#) Mental Health Services and Programs
 - <https://www.youthline.ca>
 - [Mental Health During COVID-19](#) Ottawa Public Health resources